

Wednesday 3rd June

Active June!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Do some sit ups : Bronze: 10 sit ups Silver: 20 sit ups Gold: 40 sit ups	2 Do some star jumps : Bronze: 20 times Silver: 30 times Gold: 50 times	3 Practise balancing on right leg : Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	4 Practise balancing on left leg : Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	5 Have a jog around: Bronze: 5 minutes Silver: 10 minutes Gold: 15 minutes	6 Create your own throwing and catching game!	7 Teach the people at home your game and see who scores the most points!
8 Do some burpees : Bronze: 10 burpees Silver: 15 burpees Gold: 20+ burpees	9 Try and do some mountain climbers : Bronze: 10 times Silver: 20 times Gold: 30+ times	10 Carefully try and do a plank : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	11 See how many tuck jumps you can do in a row: Bronze: 10 jumps Silver: 20 jumps Gold: 30 jumps	12 Push ups! Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups	13 Use a pack of cards and create a game involving different exercises and the different suits!	14 Compete against someone at home to see who can complete more exercises in a given time.
15 Try and do some crunches : Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches	16 Do some lunges on both legs: Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg	17 Do a wall sit – remember, stay still: Bronze: 20 seconds Silver: 30 seconds Gold: 60 seconds	18 Squat – count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	19 High knees – Keep going without stopping Bronze: 30 seconds Silver: 50 seconds Gold: 1+ minute	15 Challenge yourself to learning some new yoga posts – watch a Youtube video to help.	16 Practise those yoga skills your learned and see if you can balance for longer than you did yesterday.
22 Try doing some scissor kicks : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	23 Do some shuttle runs : Bronze: 15 runs Silver: 30 runs Gold: 50 runs	24 Hop on the spot: Bronze: 10 each leg Silver: 25 each leg Gold: 50 each leg	25 Hopscotch until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes	26 Try safely to do some jump squats in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	27 Go outside and be active with someone from your house. Go for a run or a walk!	28 Use your outdoor time to jump over things, balance along things and move in different ways.
29 Try hurdling over something (or just jumping!): Bronze: 1 minute Silver: 3 minutes Gold: 5 minutes	30 Step jumps – find a step and jump up and down on it safely: Bronze: 10 times Silver: 20 times Gold: 40+ times	<p>Let's get active in June! Try each of these activities with the people you're with! Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements! Remember it is important to stay active and healthy!</p>				

Remember during lockdown it's important to keep active whenever you can.

This month, let's try something a little bit different!

Each day you will be set a challenge. That challenge has three difficulty levels (bronze, silver and gold).

Choose the difficulty level you want to aim towards and try your best to achieve it!

Good luck! 😊

Well-being Wednesday

- Try this yoga pose to boost your mental well-being and improve self-confidence

Elephant Pose

*Benefits - stretches legs and back, relieves stress and calms the mind

- 1. Bend at the hips
- 2. Let arms hang low then clasp fingers together
- 3. Swing arms from side to side like an elephant's trunk! Swing the whole body from side to side to walk like an elephant



English Lesson 3- new learning

Story time!

Go back to <https://www.youtube.com/watch?v=7qMMhJ4iiu8> and re-listen to Diary of a Wombat.

In this lesson we are going to learn about past tense simple verbs and progressive forms of verbs.

Think about the learning we have done before.

Q:What are verbs?

Q:What does being 'in the past tense' mean?

English- Lesson 3

- Carefully read the information on the next 2 slides called 'The Past Tense Simple' and 'Progressive Forms' to help you learn more about these different types of verbs
- Then go back to the start of Diary of a Wombat. Be ready to pause the video so you can see the Monday and Tuesday pages.
- Record all the verbs used on those days in the diary.
- What tense are these verbs in?
- Did you notice that they are in the past tense?
- Now we need to learn if these verbs are in the **simple** or **progressive** form of the past tense? Answer: They are in the **simple** form of the past tense.

The Past Tense – Simple and Progressive Forms

When we write about things that happened **in the past**, we can show this by using the **simple past** verb form.

*The kangaroo **jumped** over the fence.*

Often we add -ed to the end of the verb.

Other verbs take different forms to show past tense

*The kangaroo **ate** some grass.*



Past Progressive

To show that the past action was in progress for a **period of time**, or at the **same time as something else**, we can use the **past progressive** form.



The baby koala was holding on tightly while its mother climbed the tree.

The koalas were eating leaves from the tree.

The baby held onto her mother for a while – it takes time to climb a tree. The koalas may not have finished eating leaves.

To write in the **past progressive** form we use helping verbs (was or were) and add **-ing** to the base verb.

The cockatoo was flapping its wings in the sunshine. The cockatoo was cracking seeds open with its beak. The birds were squabbling in the trees.



English Lesson 3- Task 2

Writing time!

- *Look at Wombat's 'Simple Past Sentences'.
- *Rewrite each sentence using the progressive form of the past tense.
- * Now read the sentences on Wombat's 'Progressive Past Sentences'.
- *Rewrite each sentence in the simple past tense.
- *Check with the Answers slide to see how you got on.

Wombat's Simple Past Sentences

- Read each sentence carefully and highlight the verbs.
Watch out – some sentences contain more than one verb.
- Rewrite each sentence in the space below but using the progressive form of the past tense.



Wombat slept peacefully through the morning.

She gnawed on a carrot.

She fought with a flat, hairy creature.

Wombat dug a deep, dark hole in the garden and hid from the sun.

Mum and Dad nailed up the door and took in their washing.

Wombat's Progressive Past Sentences



- Read each sentence carefully and highlight the verbs.
Watch out – some sentences contain more than one verb.
- Rewrite each sentence in the space below but using the simple form of the past tense.

Wombat was finding her grass dull and tasteless.

The wombat was scratching on the garden chairs and rubbing against the table legs.

Mum and Dad were looking for carrots and oats for the pesky wombat.

The rain was falling and the wombat's new hole was quickly filling with water.

The children were hearing strange noises from under the house as the wombat was digging a hole there.

Answers
Wombat's Simple Past Sentences



Wombat slept peacefully through the morning.

Wombat was sleeping peacefully through the morning

She gnawed on a carrot.

She was gnawing on a carrot.

She fought with a flat, hairy creature.

She was fighting with a flat, hairy creature.

Wombat dug a deep, dark hole in the garden and hid from the sun.

Wombat was digging a deep, dark hole in the garden and hiding from the sun.

Mum and Dad nailed up the door and took in their washing.

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Answers
Wombat's Progressive Past Sentences



Wombat was finding her grass dull and tasteless.

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The rain was falling and the wombat's new hole was quickly filling with water.

The rain fell and the wombat's new hole quickly filled with water.

The children were hearing strange noises from under the house as the wombat was digging its hole there.

The children heard strange noises from under the house as the wombat dug its hole there.

Daily TT Rock Stars

- Complete another page in your TT Rock Stars booklet or have another go online.
- Can you beat your last score?
- Why not log onto TT Rock Stars online and send someone in your class a **Rock Slam?**

Mental Maths (10-4-10)

Questions

1. $\underline{\quad} + 47 = 59$

2. $17 - \underline{\quad} = 8$

3. $20 \div 10 =$

4. $24 \div 2 =$

5. $100 - \underline{\quad} = 53$

6. $34p + 58p =$

7. $31 - 16 =$

8. $\frac{1}{2}$ of 28 =

9. $\frac{1}{3}$ of 21 =

10. $3 \times \underline{\quad} = 15$

Extension!

1. I'm thinking of a number. I add 22 to it. The answer is 30. What was my number?
2. Write out the number 31 using words.
3. What is the value of the 3 in the number 132?
4. How many minutes are there in an hour?
5. What is 18 shared between 6 equal groups?

Mental Maths (10-4-10)

Answers

1. 12 + 47 = 59
2. 17 - 9 = 8
3. 20 ÷ 10 = 2
4. 24 ÷ 2 = 12
5. 100 - 47 = 53
6. 34p + 58p = 92p
7. 31 - 16 = 15
8. $\frac{1}{2}$ of 28 = 14
9. $\frac{1}{3}$ of 21 = 7
10. 3 × 5 = 15

Extension!

1. I'm thinking of a number. I add 22 to it. The answer is 30. What was my number? = 8
2. Write out the number 31 using words. = Thirty-one
3. What is the value of the 3 in the number 132? 30 or 3 tens
4. How many minutes are there in an hour? = 60
5. What is 18 shared between 6 equal groups? = 3

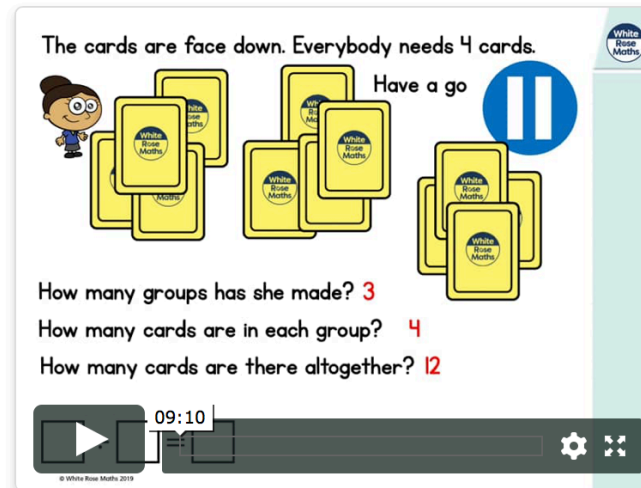
Maths Home Learning - White Rose

<https://whiterosemaths.com/homelearning/year-2/>

Use the link above to help your child to learn about grouping (Summer Term - Week 6 - lesson 3)

- First watch the video clip and then complete the activities when asked to do so.
- White Rose have now changed how they release their home learning resources. It is now only available to those with a subscription. But do not worry! Here for Year 2 we have subscribed for the benefit of you!
- You can still access the learning videos on the White Rose website provided and we will also continue to provide the activity sheets for you too. 😊

Lesson 3 - Grouping



The cards are face down. Everybody needs 4 cards. Have a go

How many groups has she made? 3

How many cards are in each group? 4

How many cards are there altogether? 12

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The screenshot shows a video player interface. At the top, there is a text prompt: "The cards are face down. Everybody needs 4 cards. Have a go". Below this, a cartoon girl is shown standing next to three groups of four yellow cards each. The cards have the White Rose Maths logo on them. Below the cards, there are three questions with their answers: "How many groups has she made? 3", "How many cards are in each group? 4", and "How many cards are there altogether? 12". At the bottom of the video player, there is a progress bar showing 09:10, a play button, and a settings icon.

Looking for the worksheets? Contact your child's school to check if they have a subscription to our worksheets. Alternatively, [read more here](#) or get some extra practice from [BBC Bitesize](#).

Maths focus - Grouping

Yesterday we refreshed our understanding of sharing/equal groups. Today we look grouping.

Grouping, just like sharing, is dividing. You will be given a set number of objects. For example, 6 stars:



You could then be asked to group the stars in sets of two, your answer will then look something like this:



Make equal groups – grouping

Today's
questions
(part 1)

Please
refer to
the online
video or
the
support
on the
previous
slides if
needed 😊

- 1 Annie has 10 apples.



Annie has some plates.
She wants to put 2 apples on each plate.
Show how Annie groups the apples.

Complete the sentences.

There are apples.

There are apples on each plate.

There are plates.



- 2 Take 15 counters.



Put the counters into groups of 3

Complete the sentences.

There are 15 counters.

The counters are in groups of

There are groups.

- 3 Mo has 20 chairs.

- a) Circle groups of 5 chairs.



- b) How many groups did you circle?

- c) Complete the number sentence.

$$\boxed{} \div \boxed{} = \boxed{}$$

Today's questions (part 2)

Please refer to the online video or the support on the previous slides if needed 😊

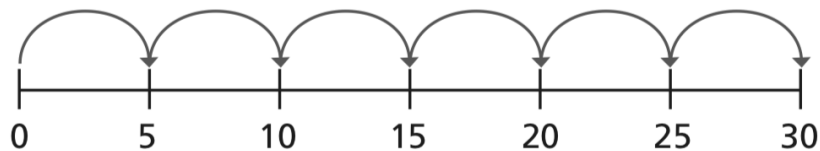
- 4 Complete the number sentences.
Use the number line to help you.

a) $30 \div 10 = \square$



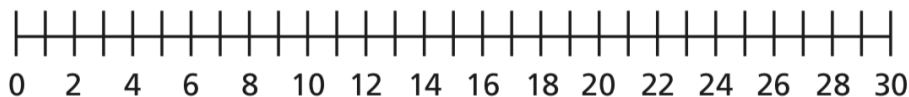
30 is made of equal groups of

b) $30 \div 5 = \square$



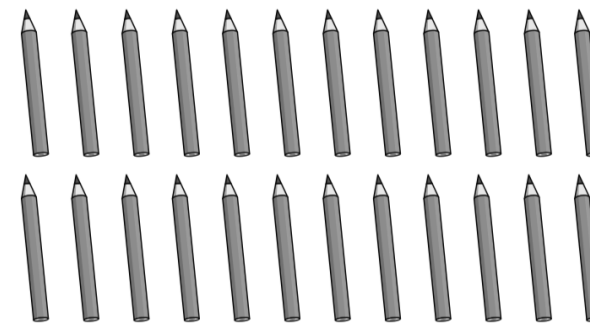
30 is made of equal groups of

- c) Investigate other equal groups you could make with 30



Talk about it with a partner.

- 5 Eva is putting 24 pencils into pots.



She puts 2 pencils into each pot.
How many pots does Eva need?

$$\square \div \square = \square$$

Eva needs pots.

- 6

With 40 counters you can only make equal groups of 4 and 10



Is Ron correct? _____

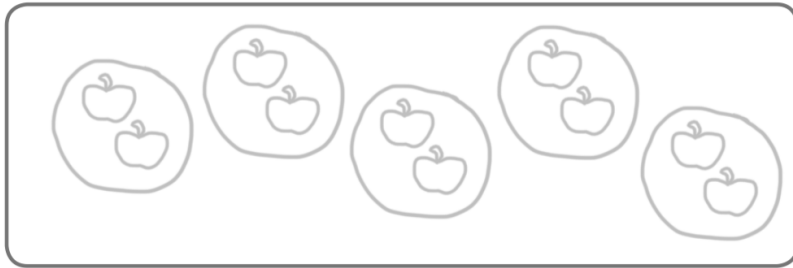
Use counters to show how you know.

Make equal groups – grouping

1 Annie has 10 apples.



Annie has some plates.
She wants to put 2 apples on each plate.
Show how Annie groups the apples.



Complete the sentences.

There are apples.

There are apples on each plate.

There are plates.

Today's
Answers
(part 1)



2 Take 15 counters.



Put the counters into groups of 3

Complete the sentences.

There are 15 counters.

The counters are in groups of

There are groups.

3 Mo has 20 chairs.

a) Circle groups of 5 chairs.



b) How many groups did you circle?

c) Complete the number sentence.

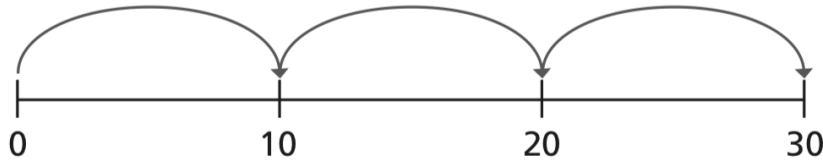
$$\boxed{20} \div \boxed{5} = \boxed{4}$$

Today's Answers (part 2)



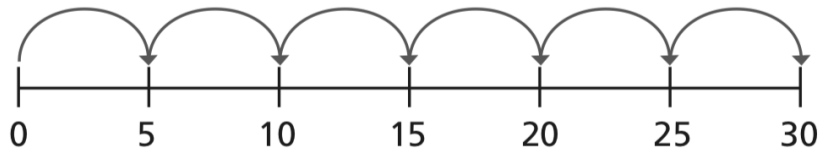
- 4 Complete the number sentences.
Use the number line to help you.

a) $30 \div 10 = \boxed{3}$



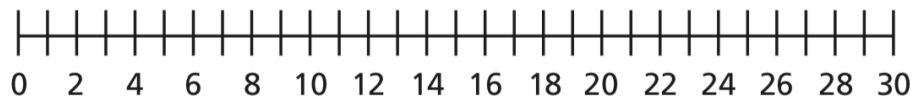
30 is made of $\boxed{3}$ equal groups of $\boxed{10}$

b) $30 \div 5 = \boxed{6}$



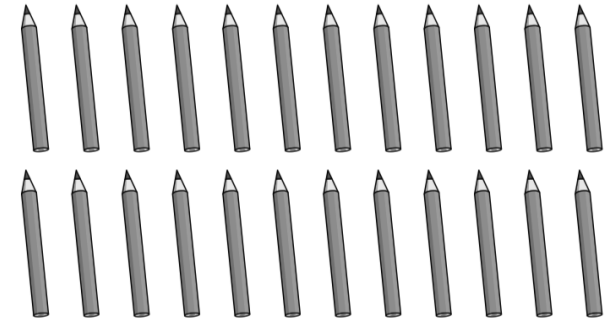
30 is made of $\boxed{6}$ equal groups of $\boxed{5}$

- c) Investigate other equal groups you could make with 30.



Talk about it with a partner

- 5 Eva is putting 24 pencils into pots.



She puts 2 pencils into each pot.
How many pots does Eva need?

$\boxed{24} \div \boxed{2} = \boxed{12}$

Eva needs $\boxed{12}$ pots.

- 6

With 40 counters you can only make equal groups of 4 and 10



Is Ron correct? NO

Use counters to show how you know.

Spend some time learning your spellings.

You could still use the same strategies as before:

- *Write the word out 5 times.
- *Get a grown up/older sibling to test you verbally.
- *Write each word in fancy letters and colour them in like rainbow words.
- *Write out each spelling into a sentence.

Today's words are:

We will continue with the same spelling rule all week

- *wrapper
- *wrestler
- *wrist
- *wreck
- *wrong

Reading time

Read your school reading book or a book from home for 20 minutes.

Have you read any of these books from the top 100 books for Year 1 and 2?

Take the time to enjoy reading lots of different books.

